PREVENTION IS A WEAPON

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LET'S NOT UNDERESTIMATE THE RISK!

INTRODUCTION

In 2022, with the aim of assessing the level of knowledge regarding SUDI/SIDS prevention strategies and identifying any critical issues, a survey was conducted. The collected data highlighted significant shortcomings both in terms of knowledge of accurate and comprehensive information and in the dissemination of messages by professionals.

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RESULTS

By the end of June, 233 questionnaires were collected.

96% of the children had been vaccinated.

42% of caregivers were or had been smokers.

14% of parents had not received any information on safe sleep in any circumstance.

Upon postpartum hospital discharge, 30% of parents received insufficient or incomplete information, while 45% received no information.

Over 70% of respondents never discussed issues related to risks

OBJECTIVE

The uncertainty as to whether the condition was due to the COVID emergency context or significant communication gaps unrelated to the context emphasized the need for further investigation.

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MATERIALS AND METHODS

Between May and June 2023, the same questionnaire distributed in 2022 was disseminated among parents with children aged 0-24 months. ù

The questionnaire was promoted through association channels, healthcare providers, and other professionals. The data were recorded in an Excel spreadsheet.

Information on hospital discharge





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from overheating, sleep environment, bed sharing, or the dangers of seating devices with their family pediatrician. 63% of respondents shared the same sleep surface.

CONCLUSIONS

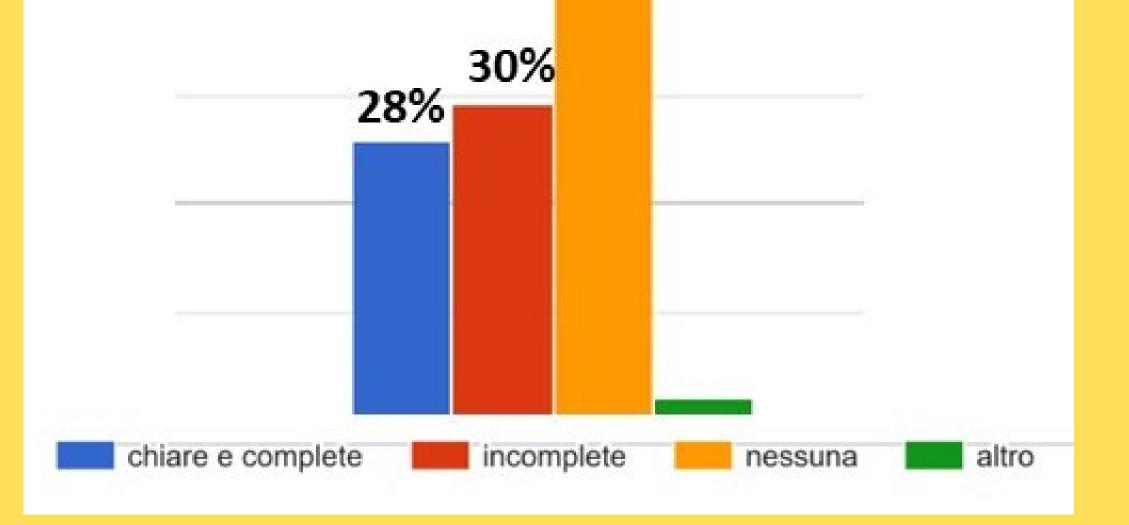
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Based on the collected data, it was found that the lack of information among parents continues to be widespread. Parents do not have access to clear, comprehensive, and exhaustive information.

The high percentage of parents who unknowingly share sleep surfaces, unaware of the risks, should prompt us to reflect on effective communication.

SCIENTIFIC REFERENCES

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Information received from the Paediatrician

